



# SHINTAIDO DEUTSCHLAND GASSHUKU 2023

led by H. F. Ito

June 30 – July 02 in Geislingen (Swabian Alb)

## Resilience

“In Keiko we have the chance to bring  
harmony and disharmony in balance.”

Kirsten, Benny & Conny 02. Mai 2023



# WELCOME ON THE SWABIAN ALB!

Again we host our yearly international Gasshuku in Geislingen, 65km east of Stuttgart and 35km north of Ulm. You can get there by car or train (destination station: Geislingen a. d. Steige). A big house in the small village Stötten offers us plenty of space for meeting, eating and sleeping.

Theme of the Gasshuku this year is **Resilience**. You can expect **3 x 2 hours of Keiko**, for which no prior knowledge is required.

We start **June 30th from 6pm** with a delicious dinner. The Gasshuku **ends July 2nd around 1pm** after lunch.

If you like to take an exam, please give us a notice at registration. If possible, please bring your Bo, Jo and Bokuto.



## COSTS

Gasshuku all inclusive	195 € per person
Examination	30 € / 40 € (4th Kyu/Kotoka and above)

## REGISTRATION

Please send an e-mail (see below) and pay a non refundable deposit of 50 € to this account: Shintaido Deutschland e. V. "Gasshuku 2023"

BIC: GENODED1CGN

IBAN: DE72 3716 0087 0685 8220 08

## LOCATION

Freizeitheim Stötten, Pfarrgässle 4, 73312 Stötten (Geislingen a. d. Steige)

<https://www.kirchenbezirk-geislingen.de/angebote/freizeitheim-stoetten/>



## CONTACT

Benny Decker & Conny Weinem  
benny-decker@gmx.de  
conny.weinem@gmx.de  
+49 175 722 3013

☺ Happy to see you there!